

GOVERNMENTAL AGENCIES, NATIONAL HELP LINE & TREATMENT LOCATOR SITES:

These are useful for the learning the latest research understandings as well as general information. All of it is free, timely, and scientifically accurate.

Substance Abuse and Mental Health Services Administration. (SAMHSA – referred to as “sam-sa”)

Parent agency for governmental research and support for treatment and prevention of mental health, alcohol and other drug addictions.

www.samhsa.gov.

SAMHSA'S Treatment Web Site <http://www.samhsa.gov/treatment>

National Institute on Alcohol Abuse and Alcoholism. (NIAAA – referred to as “n-eye-triple-a”)

Major governmental agency that funds scientific research into alcohol and alcoholism. Great site for general information.

www.niaaa.nih.gov.

National institute on Drug Abuse. (NIDA – referred to as “ni-dah”)

Major governmental agency that funds scientific research into drugs of abuse other than alcohol. Great site for general information; especially useful for preparing talks and presentations.

www.drugabuse.gov.

NIDA for Teens.

Site for teens (11 through 15) as well as their parents and teachers providing information about the science behind drug abuse.

www.teens.drugabuse.gov.

NIDA Goes Back to School Web Site.

Source of free information about the latest science-based drug abuse publications and teaching materials: targeted toward teachers and parents.

www.backtoschool.drugabuse.gov.

Health Information Network.

Clearinghouse for comprehensive resources for alcohol, drug, and mental health information.

www.samhsa.gov/SHIN.

Center for Substance Abuse Treatment. (CSAT – referred to as “cee-sat”)

Supports all aspects of treatment for of substance abuse. CSAT is the sponsor of “Recovery Month.”

www.csat.samhas.gov.

Center for Substance Abuse Prevention. (CSAP – referred to as “cee-sap”)

Supports and promotes prevention activities in every community nationwide, including funding grant programs.

www.csap.samhsa.gov.

SAMHSA’s National Hotline.

24 hour free and confidential information in English and Spanish.

www.samhsa.gov/treatment.

800-662-HELP (800-662-4357)

800-487-4889 (TDD)

Treatment Locator.

Searchable directory about mental health, substance abuse and drug treatment programs.

www.samhsa.gov/treatment.

SUPPORT GROUPS:

Adult Children of Alcoholics WSO.

Sometimes referred to as “ah-co-hah,” this 12-step support program is for adults who grew up in alcoholic or otherwise dysfunctional homes.

www.adultchildren.org.

Al-Anon/Alateen.

12-step mutual support group for adults and teenagers who are the family and friends of alcoholics.

www.al-anon.alateen.org.

OnLine Alano Club <http://www.onlinealano.org>

Alcoholics Anonymous (AA).

Provides sponsorship and a 12-step program for life without alcohol.

www.aa.org.

Alcohol and Drug Rehab Treatment Resource Center <http://www.addict-help.com>

Benzodiazepine Anonymous (BA).

Mutual support group using its own 12 steps and 12 goals for people in recovery from benzodiazepines (Xanax®, Halcion®, Valium®, Ativan®, Dalmane®, Librium®, etc) or any other addicting prescription drug.

Call 818 667-1010 for information.

Cocaine Anonymous World Services.

CA is a 12-step program for recovery from cocaine addiction.

www.ca.org.

Crystal Meth Anonymous.

12-step program for recovery from crystal meth.

www.crystalmeth.org.

Double Trouble Recovery, Inc.

Mutual support group for those who have both a mental and/or emotional disorder and a substance addiction, sometimes referred to as “dual diagnosis” or “co-occurring disorders (COD).”

www.doubletroublerecovery.org.

Fetal Alcohol Syndrome Family Resource Institute (FASFRI).

Coalition of families and professionals concerned with fetal alcohol syndrome effects offering education, brochures, information packets, groups meetings, phone support, conferences and referrals.

www.fetalalcoholsyndrome.org.

Gamblers Anonymous www.gamblersanonymous.org

International Doctors in Alcoholics Anonymous (IDAA).

Mutual support group of approximately 4,500 recovering health care professionals of doctorate level.

www.idaa.org.

International Lawyers in Alcoholics Anonymous (ILAA).

Clearinghouse for support groups for lawyers who are in recovery from substance abuse and dependence.

www.ilaa.org.

International Pharmacists Anonymous (IPA).

12-step fellowship of pharmacists and pharmacy students recovering from any addiction.

<http://mywebpages.comcast.net/ipa/ipapage.htm>.

LifeRing www.lifering.org.

Marijuana Anonymous World Services.

Based on the 12-steps of AA, this fellowship is for those who desire to stop using marijuana.

www.marijuana-anonymous.org.

Mothers Against Destructive Decisions (MADD).

This groups mission is to stop drunk driving. Support victims, and prevent underage drinking.

www.madd.org.

Nar-Anon/Narateen (NA)

Support for family members and friends of drug users.

www.nar-anon.org.

Narcotics Anonymous World Services.

Mutual support groups open to all, regardless of the particular drug or combination of drugs used.

www.na.org.

Overeaters Anonymous www.oa.org.

Psychologists Helping Psychologists (PHP).

Mutual support group for doctoral-level psychologists or psychology students.

Call 703 243-4470 for information.

Rational Recovery Systems (RRS).

Program of self-recovery from addiction to alcohol and other drugs through planned, permanent abstinence using Addictive Voice Recognition Technique (AVRT).

www.rational.org.

SMART Recovery®.

Free, self-empowering, science-based mutual self help groups for abstaining from any substance or activity addiction. There are more than 500 face-to-face meetings around the world and more than 16 on-line meetings per week.

www.smartrecovery.org.

Save Our Selves (SOS Clearinghouse).

Provides a path to sobriety which is an alternative to those paths depending on supernatural or religious beliefs.

www.cfiwesst.org/sos/index/htm.

Sex Addicts Anonymous <http://saa-recovery.org>

Sober Recovery <http://www.soberrecovery.com>

Women for Sobriety, Inc.

Nonprofit organization dedicated to helping women overcome alcoholism and other addictions.

www.womenforsobriety.org.

PROFESSIONAL ASSOCIATIONS and RESEARCH ORGANIZATIONS:

These few following references are in the forefront of working on the medical, psychiatric spiritual and treatment aspects of substance abuse and dependence.

American Association of Pastoral Counselors (AAPC).

This group represents and sets professional standards for over 3,000 pastoral counselors and 100 pastoral counseling centers in North America and around the world. It is non-sectarian.

www.aatod.org.

American Society of Addiction Medication (ASAM).

Association of 3,000 physicians who specialize in substance addictions.

www.asam.org.

NAADAC, The Association of Addiction Professionals.

A national membership and certification organization for addictions treatment professionals, called "nay-dak."

www.naadac.org.

National Association of Lesbian and Gay Addiction Professionals.

Membership organization for the prevention and treatment of alcoholism, substance use, and other addictions in lesbian, gay, bisexual, and transgender communities.

www.nalgap.org.

Northwest Frontier ATTC (serving Alaska, Washington, Oregon, Hawaii and Pacific Islands (NFATTC).

One of the fourteen regional centers under the national office of the Addiction Technology Transfer Center Network (ATTCs) dedicated to providing training, education, resource materials, and technical assistance to the addiction treatment workforce to advance the adoption of evidence-based practices.

www.ATTCnetwork.org. (National Web site)

www.nfattc.org. (NFATTC)

FAITH-BASED ORGANIZATIONS:

See individual Web sites for detailed information about these sites. Note how many diverse faiths have developed support groups for their congregants.

Alcoholics Victorious.

Christian-oriented 12-step support group.

www.alcoholicsvictorious.org.

Calix Society.

12-step fellowship of Catholic alcoholics.

www.calixsociety.org.

Celebrate Recovery.

Worldwide Christ-centered recovery ministry.

www.celebraterecovery.com.

Church of Jesus Christ of Latter-Day Saints.

Mormon organizations that promotes strong family relationships.

www.lds.org.

Clergy Recovery Network.

Mentors ministry professionals through personal crises and early recovery.

www.clergyrecovery.com.

Faith Partners.

Provides tools, training, materials, and assistance to congregations for addressing addictions.

www.faith-partners.org.

Jewish Alcoholics, Chemically Dependent Personas and Significant Others.

Assists chemically dependent Jewish people and their families, friends and associates to explore recovery in a nurturing Jewish environment.

www.jacsweb.org.

Recovery Ministries of the Episcopal Church.

National membership organization that raises awareness about addictions and recovery.

www.episcopalrecovery.org.

Volunteers of America.

National nonprofit with treatment programs for alcohol and other drug addictions as well as gambling addiction at VOA in Portland, Oregon.

www.voa.org.